



PROTECTION AND SAFETY MEASURES

ESSENTIAL FITNESS & SPA

Boavista
Golf & Spa

Facilities

Before booking your appointment, please read the important information below:

Clients shall only be attended to when wearing a mask (surgical, cloth, TNT). In the case you do not have a mask, these are available at our reception.

Clients without mask will not be attended.

It is recommended to reserve the facilities, namely, the pool area and gym.

Comply with the breathing etiquette: avoid coughing or sneezing into your hands – do it to your elbow or cover your nose and mouth with a tissue. Put your used tissue in the waste basket and wash your hands.

Before starting your treatment, please wash your hands for at least 30 seconds.

Avoid payments in coins or banknotes and, as preference, use contactless electronic means of payment. In the case the payment has to be made in cash, try to have the correct amount and wash your hands before and after handling the money.

Cleaning Service

The Health Club is cleaned in agreement with the National Health Services recommendations and the Clean & Safe Seal. To carry out their duties, the team will be equipped with the necessary individual protection.
